

Kevin D. Treffer, D.O, FACOFP

Address

Home: 3110 Gateway Drive
Independence, Missouri 64057

Business: 1750 Independence Avenue
Kansas City, Missouri 64106

Family

Married, Connie Treffer, 1992
Jerry Kilgore, Stepson
Sara Kilgore, Daughter-in-law
Dylan Kilgore, Grandson
Peyton Kilgore, Granddaughter
Heyden Kilgore, Granddaughter

Contact Information

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Professional Objective

To train competent Osteopathic Physicians who will give back to the
Osteopathic profession

Field of Interest

Osteopathic Manipulative Medicine (OMM)
Osteopathic Family Medicine
Osteopathic Manipulative Medicine Education
Chronic Musculoskeletal Pain Management with OMM

Education

1983 Bachelor of Science in Premedical studies (Biology emphasis)
Bob Jones University, Greenville, South Carolina

1987 Doctor of Osteopathic Medicine
The University of Health Sciences College of Osteopathic Medicine,
Kansas City, Missouri

1988 Rotating Internship
University Hospital, Kansas City, Missouri

Advanced Cardiac Life Support and Basic Life Support Certification:
1986, 1988, 1990, 1992, 1994, 1996, 1998, 2000, 2002, 2004,
2006, 2008, 2010

2011 Consortium for Collaborative Osteopathic Research Development -
Practice Based Research Network Fellowship:
NIH grant funded project by the Osteopathic Research Center at
University of North Texas State Health Science Center

Awards

- 1984 Received UHS-COM Full Scholarship for final three years of
Osteopathic Medical School
- 2001 Medallion Award – Faculty Category, Missouri Association of
Osteopathic Physicians and Surgeons
- 2002 Family Physician of the Year – Missouri Society of the American
College of Osteopathic Family Physicians
- 2004 Inducted into Inaugural Class of AOA Mentor Hall of Fame
- 2005 Inducted into the AOA Mentor Hall of Fame
- 2007 MAOPS District Leadership Award – Jackson County Osteopathic
Medical Association
- 2009 COMLEX OPP Item Writer of the Year Award
- 2011 CONCORD-PBRN Fellowship at UNTSHSC & ORC
- 2013 Crest Award for Outstanding Scientific Paper for Fellow Award in the
ACOFP

Positions Held

- 1988 - 1991 Clinical Instructor in Family Medicine
University of Health Sciences Northeast Medical Clinic
-Performed patient care, overseeing of medical
students and Osteopathic Family Medicine
Residents
- 1989 – 1992 Private Solo Practice, Osteopathic Family Medicine
Kansas City, Missouri
- 1988 –1995 Emergency Room Physician
Lafayette Regional Medical Center,
Lexington Missouri (Part time duties)

- 1992 – 2001 Faculty Appointment, Assistant Professor:
Departments of Family Medicine and Osteopathic
Principles and Practice
- 2001 – present Faculty Appointment, Associate Professor:
Departments of Family Medicine and Osteopathic
Principles and Practice
- 1992 – present Total time as full time employee of
The Kansas City University of Medicine and
Biosciences - College of Osteopathic Medicine, Kansas
City, Missouri

KCUMB-COM Committees Served on

- Admissions
: Vice Chair
: Admissions review subcommittee, Chair
- IRB
- Research
- Appeals Board
- Credentials
- Awards
- Syllabus Approval Subcommittee
- Family Practice Residency Steering
- CME committee
- Safety
- Curriculum Counsel
: Member 2005 to present
: Clinical Co-Director of Musculoskeletal Section 2005-
2007
- Academic Accessibility Committee
- Strategic Planning Committee 2011

KCUMB-COM Educational Consortium (OPTI)

- Board of Directors, 2010 - present
- Academic Steering Committee, 2003 – present
- Osteopathic Principles and Practice Committee
: Chair 2003 – present
- Non-Surgical RPAC committee
: Chair 2006 -2008
: Member 2008 - present

Department of Osteopathic Family Medicine: Division of
Osteopathic Manipulative Medicine

- OMM Coordinator (2002 – present)
- NMM/OMM/Family Medicine Residency Co-Director (2002 –2004)

Course Coordinator

- Osteopathic Diagnosis and Treatment (sophomore, 1992-1995)
- Osteopathic Principles and Practice (freshman, 1997 – 2000)
- Physical Diagnosis Course (sophomore, 1992 – 1996)

Integrative Osteopathic Clinical Skills 1 & 2 Section Director 2006 – 2010

Director of Osteopathic Clinical Skills, 2010 – present

- Osteopathic Clinical Skills Section Director 2009 – present

Other Duties

- Family Medicine Resident Trainer
- Medical Director, Clay County Health Department (1994 – 1996)
- KCUMB-COM Speakers Bureau
- Medical Director of Clinical Competency Center 2010 – 2013

2002 - 2007	Coordinator for Undergraduate OMM Fellowship Program
1999 – Present	COMLEX OPP Item Review Committee member and Item writer
2004 – 2006	COMLEX PE OMM Examination Evaluator
2010 – Present	COMLEX COMAT Subject Exam Committee member and OPP item writer
2002 – Present	Faculty advisor for the Undergraduate American Academy of Osteopathy KCUMB-COM student chapter

Licenses and Certifications

Missouri License to practice	R9H25
DEA	BT2244995

Board Certified American Board of Osteopathic Family Practitioners
1994, # 6709
Fellow ACOFP awarded March 2013

Board Certified American Osteopathic Board of Neuromusculoskeletal
Medicine and OMM
1999, # 323
Recertified March 2009
Basic Life Support (American Red Cross) – Recertification 2008, 2010,
2012
Advanced Cardiac Life Support – Recertification 2008, 2010

Hospital Staffs

Park Lane Medical Center, Kansas City Missouri 1988 – 2000
Osteopathic Principles and Utilization Committee,
Chair, 1992 – 2000
Lakeside Hospital 1988 - 1992
Medical Center of Independence, Independence, Missouri 2000 – 2007
Osteopathic Principles and Utilization Committee, 2000 – 2006
Chair, 2006
Centerpoint Medical Center, Independence, Missouri 2007 – 2008
St Joseph Medical Center, Kansas City, Missouri 2008 - present

Professional Organizations

American Osteopathic Association, #47902, 1988 – Present

Missouri Association of Osteopathic Physicians and Surgeons,
1988 – Present
Young Physician committee, 1988 – 1998
Delegate to AOA House of Delegates, 1998, 2000, 2005
Alternate Delegate to AOA House of Delegates- 1999, 2001, 2006,
2007, 2008, 2009, 2010, 2011, 2012, 2013
Awards Committee- 2001, 2003, 2004, 2005, 2006, 2007, 2008,
2009, 2010, 2011, 2012
Convention Committee – 2010, 2011, 2012, 2013
Rules and Regulations Advisory Panel - 2012, 2013

Jackson County Osteopathic Medical Association, 1990 – Present
Board of Governors, 1992 – Present
President, 1995 – 1997
Delegate to MAOPS State House of delegates, 1998 – Present

American College of Osteopathic Family Practitioners, 1988 – Present

Missouri Society of ACOFP, 1988 – Present

Board of Governors 1997 – 2000

Scholarship, Grants and Loans Committee

Liaison to UHS Student Chapter of ACOFP, 1997 - 2002

Delegate to ACOFP House of Delegates, 2000, 2009, 2010, 2011, 2012, 2013

American Academy of Osteopathy, 1995 – Present

Member-Undergraduate Academies Committee 2002 - Present

Educational Counsel on Osteopathic Principles (AACOM counsel reporting to Counsel of Deans)

Member - 1992- 1994, 2002 – present

Secretary 2005 – 2009

Vice-Chairman 2009 – 2011

Chairman 2011 - present

Society of Teachers of Family Medicine

Member – 2012 – present

DOCare International

Member 2012- present

Conference Presentations

Missouri Society of ACOFP Winter Scientific Seminar

TMJ Syndrome: An Osteopathic Approach, January 1995

Osteopathic Approach to the GI Patient with lab, January 1999

Osteopathic Approach to the Arthritic Patient, January 2000

Thoracic Outlet Syndrome with lab, January 2000

Osteopathic Approach to the Obstetrical Patient, January 2001

Cranial Approach to Cephalgia, January 2001

Piriformis Syndrome with lab, January 2001

Counterstrain for the extremities, January 2002

Rib dysfunctions, January 2002

Sacrum diagnosis and treatment, January 2003

Counterstrain of Extremities lab and lecture, January 2003

Extremity Workshop, January 2004

Total CHAOS: Workshop on Respiratory and Postoperative patient
January 2005

Osteopathic evaluation of the Chronic Pain Patient with
Counterstrain Lab January 2006

Approach to Pediatric Issues and Pelvic pain OMM lab, January 2007
Osteopathic Approach to the Respiratory Difficulties Patient, January 2008
Upper Extremity Compression Neuropathies and OMM, January 2009
Osteopathic Approach to the Shoulder Joint January 2010
Osteopathic Manipulative medicine and the Exercise Prescription, 2011
5-Minute Integration of OMM into a Patient Encounter with lab 2012
What's New in Evidence Based Medicine for OMM 2012?
OMM Application with Plantar Fasciitis and Frozen shoulder Jan 2013

Kansas Osteopathic Medical Association

Treatment of Rib Dysfunctions, Spring 1996
Cranial Approach to Cephalgia with lab, Fall 2000
Osteopathic approach to the COPD Patient, November 2003
Osteopathic Sports Medicine Lecture and lab, October 2004
OMM and Common Orthopedic Conditions Lab, October 2005

KCUMB-COM Winter Holiday CME

Treatment Techniques for the Hospitalized/Elderly Patient, 2000
Treatment of the CHF patient with lab, 2001
Presentation of the COPD COIL with hands on lab, 2002
Osteopathic Approach to Whiplash Injury, 2003
Osteopathic approach to the COPD Patient, 2003
OMM Billing and Coding, 2004
Diagnosis and Treatment of the Sacrum, 2004
Osteopathic Treatment of the Lower Extremity, 2004
Osteopathic Approach to a Geriatric Arthritic Post-op, 2005
Osteopathic Approach to the Sports Medicine Patient, 2005
OMM approach to Pediatric Issues, December 2006
Osteopathic Approach to the Respiratory Difficulties Patient, December 2007
Upper Extremity Compression Neuropathies and OMM, December 2008
Perspectives for Treatment of Common Musculoskeletal Complaint in the Office, 2009
Pediatric OMT Workshop, 2010
OMM in the Obese Patient with Low back Pain 2012

KCUMB-COM Alumni Meetings

An Osteopathic Approach to Headaches with lab, September 1995
Diagnosis and Treatment of Psoas Syndrome with lab,
September 1997
Osteopathic Approach to the GI Patient with lab, September 1998
Treatment of the Hospitalized Patient with lab, September 2000
Osteopathic treatment of TMJ Syndrome with lab, September 2002
Osteopathic Approach to Whiplash Injury, September 2003
Osteopathic Approach to a Geriatric Arthritic Post-op, Sept. 2005
OMM Coding lecture, September 2005
OMM and the Arthritic Patient, September 2006
OMM and the Cardiac Patient, September 2007
Upper Extremity Compression Neuropathies and OMM, September
2008
What Would Dr. Still Do? The Still's Technique for treatment, 2009
Applications of cranial osteopathic manipulative medicine in TBI,
2012

MAOPS Annual Meeting

Cranial Approach to Cephalgia, May 2002
Osteopathic Approach to the Allergy Patient, April 2005
OMM and the Postoperative Patient, April 2006
Evaluation and Treatment of the Lumbo-Pelvic Hip Complex 4 hour
lecture and lab – April 2010
Evidence Based Clinical Practice guidelines for OMT and Low Back
Pain – April 2011
Osteopathic Approach to the Allergy Patient with Counterstrain
Cervical Spine lab – April 2011
Osteopathic Approach the Pediatric patient with OMT protocol for
Otitis Media with MEE Lab – April 2011
Myofascial relationships in Posture and Balance with hands on OMT
lab 2012
"How Much Lymph Can a Lymph Pump, Pump if a Lymph Pump
Can Pump Lymph" A Review of the literature on Lymphatic Pump
2012
OMM integration into the Management of the Arthritic Patient
Workshop 2013

ACOFP Program at AOA National Meeting
Piriformis Syndrome, October 2000

ACOFP Annual National Meeting

Session Moderator for ACOFP March 24, 2013

ACOA Program at AOA National Meeting
OMM and the Postoperative Patient, October 2005
OMM and the Chronic Pain Patient, October 2005

American Academy of Family Practitioners National Student and Resident Conference
Osteopathic Manipulative Medicine Workshop, 1999, 2000, 2001, 2002, 2003, 2005, 2006, 2007, 2008, 2009

Grand Rounds University of Mississippi Anesthesia Residency:
Postoperative Pain and OMM, Fall 2006

AACOM Annual meetings 2012
ECOP OMM Treatment Modules, Present at SOME meeting in March 2012

Research

KCUMB internal research grant (\$6886.00) for a project entitled:
The Short-Term effect of Osteopathic Lymphatic Treatment on Blood Cell Count, Plasma Proteins, Albumen, and Blood Pressure.
April 2005
Presented as Oral presentation for KCUMB Research Day (2/17/06) and Poster presentation as Kansas City Life Sciences Project (3/30/06),
Published in JAOA November 2008, Vol. 108, No. 11, pages 646-651.

KCUMB internal grant (\$1750.00) for a project entitled:
Title: Pilot Study To Determine The Effect Of Manual Sub-Occipital Intermittent Pressure On The Autonomic Nervous Activity At The Heart And Digits. February 2006 Data collection completed June 2008 Evaluation of data still in progress

KCUMB summer research student fellow award (\$1000.00) with Christie Manion OMS 1 in additon to her SOMA research award
Title: The Effect of Osteopathic Rib Raising on the Autonomic Nervous Activity at the Heart and Digits. June 2006, submitted for publication November, 2008 to JAOA. Not accepted for publication by JAOA

KCUMB pilot study in preparation for grant application to AOA and NIH:

Title: Understanding the Mechanistic Action of Osteopathic Manipulation Using Ultrasonography: Preliminary Data, 2011. Data collection completed April 2011 and manuscript submission to JAOA for publication; Accepted for publication in JAOA June 2012, **Published in JAOA , December 2012, Vol. 112, No. 12: pages 779-782.**

Osteopathic cranial manipulation to treat children with Tourette syndrome: A pilot study

Brittnea J. Adcock, OMSIV, Benjamin M. Skoch, OMSIII, Kevin D. Treffer, DO
Kansas City University of Medicine and Biosciences
Family Medicine Department
Kansas City, MO 64106

CONCORD-PBRN Card Study for the prevalence of somatic dysfunctions diagnosed and treatment modalities utilized in a patient encounter within an OMM specialty practice.

Study patient data contributor. Part of the Research Fellowship program. Feb 2013.

Evaluating and establishing most common cranial dysfunctions found in concussions in a population of mixed martial arts fighters.

IRB approval Feb 2013
Study to be completed Spring of 2013.

Grant Applications

Dougherty: PI 06/15/2011 \$275,000 for two years
National Center for Complementary and Alternative Medicine (NCCAM-NIH)
Understanding the Mechanistic Action of Osteopathic Manipulation Using Ultrasound with GPS-like Capabilities
Role: Co-PI Not funded

Dougherty: PI 12/01/2010 \$50,000 for one year
American Osteopathic Association
Understanding the Mechanistic Action of Osteopathic Manipulation Using Ultrasound with GPS-like Capabilities Role: Co-PI- Not funded

Research Poster presentations

ACOFP National Conference March 2013

Osteopathic cranial manipulation to treat children with Tourette syndrome: A pilot study

Brittnea J. Adcock, OMSIV, Benjamin M. Skoch, OMSIII, Kevin D. Treffer, DO

1st Place in Student division

Research Oral Presentations

KCUMB Research Day

The Short-Term effect of Osteopathic Lymphatic Treatment on Blood Cell Count, Plasma Proteins, Albumen, and Blood Pressure. 2/17/06

KCUMB Research Day

Title: Understanding the Mechanistic Action of Osteopathic Manipulation Using Ultrasonography: Preliminary Data, 2011

Scholastic Works

Author: Chapter 128: Osteopathic Manipulative Treatment of the Chronic Pain Patient, *Waldman Pain Management*, 1st Edition, published December 2006 (Elsevier – Sanders).

-Revised and submitted for publication in 2nd Edition of Text January 2010 Chapter 136 – Published 2011 (Elsevier – Sanders).

Glossary of Osteopathic Terminology, Revised April 2011, ECOP Revision committee member

Clinically Osteopathic Integrated Learning Scenarios (COILS)

Coauthored several new COILS for Educational Counsel on Osteopathic Principles' new COILS book. This document is in the process of being published through AACOM. Expected publishing date - Fall 2013.

Designed, Organized, and Implementation of the Osteopathic Clinical Skills Curriculum (Oversight of all aspects of OMM, Physical Diagnosis, Communication, and Spirituality in Medicine are included) – 2009-2010

FACOFP Scientific Paper submitted: The Osteopathic Clinical Skills Curriculum at KCUMB-COM: The Genesis of What is and What is Yet to Come (Crest Award winner) March 2013

International Experience

Perform History and Physicals for Kansas City Royals Dominican Republic Academy Baseball Players: 2009, 2010, 2011, 2012, 2013
Medical Mission to the People of the Dominican Republic: 2009, 2010, 2011, 2012, 2013

Volunteer Experience

- Kansas City Free Health Clinic, 1994 – Present
- Physician Sponsor Alpha Phi Omega Service Fraternity UHS-COM, 1992-1997
- KCUMB-COM ACOFP Student Chapter Sponsoring Physician for Community Physical examinations 1992-2002
 - Multiple Events as sponsoring physician with SAAO (formerly UAAO) for sports pre-participation physicals and camp physicals
 - Boy Scouts of America, Camp Physician and Camp Physicals
- KCUMB Orientation week community project 2007, 2008, 2009, 2010, 2011, 2012
- Score 1 for Health Program Physician Volunteer
- Camp Quality Day Volunteer (Camp for kids with cancer), 2010, 2011
- Co-Planned and implemented fund raiser for Alex's Lemonade Stand Foundation, 2011 (\$4000.00 Raised for Childhood Cancer Research)

Hobbies

Boating
Camping
Fishing
Golf
Major League Baseball: Kansas City Royals
Motorcycle cruising
National Football League: Season Ticket holder
Kansas City Chiefs 1988 –2011
Fantasy Football
Scuba Diving
Traveling